Uitslag 5 km Park van Luna 2023

Volwassenen

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| # | Naam | | Tijd | t/km | | 5,17 km | |
| 1 | Michael Emmerik | | 00:18:09 | 00:03:31 | |  | |
| 2 | Jochum Zutt | | 00:19:08 | 00:03:42 | |  | |
| 3 | Hans Bader | | 00:19:28 | 00:03:46 | |  | |
| 4 | Stefan Heistek | | 00:20:15 | 00:03:55 | |  | |
| 5 | Sander Bergers | | 00:21:26 | 00:04:09 | |  | |
| 6 | Adriaan Klijn | | 00:21:39 | 00:04:11 | |  | |
| 7 | Niels Tesselaar | | 00:22:06 | 00:04:16 | |  | |
| 8 | Jeroen Wouda | | 00:22:20 | 00:04:19 | |  | |
| 9 | Frank van Westerop (ZC) | | 00:22:54 | 00:04:26 | |  | |
| 10 | Wouter Brinkhof (ZC) | | 00:23:06 | 00:04:28 | |  | |
| 11 | Denny Hes | | 00:23:10 | 00:04:29 | |  | |
| 12 | Vincent Broekkamp | | 00:23:13 | 00:04:29 | |  | |
| 13 | Mark van der Horst | | 00:23:15 | 00:04:30 | |  | |
| 14 | Frank Brink | | 00:23:20 | 00:04:31 | |  | |
| 15 | Selma Admiraal | | 00:23:30 | 00:04:33 | |  | |
| 16 | Hans van Sluis (ZC) | | 00:23:48 | 00:04:36 | |  | |
| 17 | Johnny van Beers | | 00:23:55 | 00:04:38 | |  | |
| 18 | Marcel Clement | | 00:24:33 | 00:04:45 | |  | |
| 19 | Leo Caster (ZC) | | 00:24:33 | 00:04:45 | |  | |
| 20 | Carla Broers | | 00:26:18 | 00:05:05 | |  | |
| 21 | Carla Aalders | | 00:26:27 | 00:05:07 | |  | |
| 22 | Nico Groot | | 00:28:12 | 00:05:27 | |  | |
| 23 | Bente van Westerop (ZC) | | 00:28:54 | 00:05:35 | |  | |
| 24 | Inge Hoytink | | 00:29:45 | 00:05:45 | |  | |
| 25 | Lonneke Schipper-Hummelink | | 00:30:55 | 00:05:59 | |  | |
| 26 | Emmy Glas (ZC) | | 00:32:25 | 00:06:16 | |  | |
|  |  | |  |  | |  | |
|  | Jeugd eindtijd 3,87 km | |  |  | |  | |
| Naam | | Tijd | | | t/km | | 3,87 km | |
| 1 | | Mees Meuge | | | 00:14:58 | | 00:03:52 | |  |
| 2 | | Mathijs Ippel | | | 00:15:03 | | 00:03:53 | |  |
| 3 | | Timo Brink | | | 00:15:52 | | 00:04:06 | |  |
| 4 | | Joas Overgaag | | | 00:17:41 | | 00:04:34 | |  |
| 5 | | Noor lute | | | 00:17:58 | | 00:04:39 | |  |
| 6 | | Teun Zutt | | | 00:18:57 | | 00:04:54 | |  |
| 7 | | Keo van Schie | | | 00:19:21 | | 00:05:00 | |  |
| 8 | | Saar Weijers | | | 00:20:04 | | 00:05:11 | |  |
| 9 | | Mart zutt | | | 00:24:12 | | 00:06:15 | |  |