Uitslag 5 km Park van Luna 2023

Volwassenen

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| # | Naam | Tijd | t/km | 5,17 km |
| 1 | Michael Emmerik | 00:18:09 | 00:03:31 |  |
| 2 | Jochum Zutt | 00:19:08 | 00:03:42 |  |
| 3 | Hans Bader | 00:19:28 | 00:03:46 |  |
| 4 | Stefan Heistek | 00:20:15 | 00:03:55 |  |
| 5 | Sander Bergers | 00:21:26 | 00:04:09 |  |
| 6 | Adriaan Klijn | 00:21:39 | 00:04:11 |  |
| 7 | Niels Tesselaar | 00:22:06 | 00:04:16 |  |
| 8 | Jeroen Wouda | 00:22:20 | 00:04:19 |  |
| 9 | Frank van Westerop (ZC) | 00:22:54 | 00:04:26 |  |
| 10 | Wouter Brinkhof (ZC) | 00:23:06 | 00:04:28 |  |
| 11 | Denny Hes | 00:23:10 | 00:04:29 |  |
| 12 | Vincent Broekkamp | 00:23:13 | 00:04:29 |  |
| 13 | Mark van der Horst | 00:23:15 | 00:04:30 |  |
| 14 | Frank Brink | 00:23:20 | 00:04:31 |  |
| 15 | Selma Admiraal | 00:23:30 | 00:04:33 |  |
| 16 | Hans van Sluis (ZC) | 00:23:48 | 00:04:36 |  |
| 17 | Johnny van Beers | 00:23:55 | 00:04:38 |  |
| 18 | Marcel Clement | 00:24:33 | 00:04:45 |  |
| 19 | Leo Caster (ZC) | 00:24:33 | 00:04:45 |  |
| 20 | Carla Broers | 00:26:18 | 00:05:05 |  |
| 21 | Carla Aalders | 00:26:27 | 00:05:07 |  |
| 22 | Nico Groot | 00:28:12 | 00:05:27 |  |
| 23 | Bente van Westerop (ZC) | 00:28:54 | 00:05:35 |  |
| 24 | Inge Hoytink | 00:29:45 | 00:05:45 |  |
| 25 | Lonneke Schipper-Hummelink | 00:30:55 | 00:05:59 |  |
| 26 | Emmy Glas (ZC) | 00:32:25 | 00:06:16 |  |
|  |  |  |  |  |
|  | Jeugd eindtijd 3,87 km |  |  |  |
| Naam | Tijd | t/km | 3,87 km |
| 1 | Mees Meuge | 00:14:58 | 00:03:52 |  |
| 2 | Mathijs Ippel | 00:15:03 | 00:03:53 |  |
| 3 | Timo Brink | 00:15:52 | 00:04:06 |  |
| 4 | Joas Overgaag | 00:17:41 | 00:04:34 |  |
| 5 | Noor lute | 00:17:58 | 00:04:39 |  |
| 6 | Teun Zutt | 00:18:57 | 00:04:54 |  |
| 7 | Keo van Schie | 00:19:21 | 00:05:00 |  |
| 8 | Saar Weijers | 00:20:04 | 00:05:11 |  |
| 9 | Mart zutt | 00:24:12 | 00:06:15 |  |